

SUMMER 2024

FEMALE AAA/PREP/COLLEGE

Program details:

- 4 week program – July only
- 2x/week (Mondays and Wednesdays)
- 8 ice sessions, 1 hour per session
- Maximum 12 players, 4:1 player to coach ratio
- Head instructor: Jenelle Kohanchuk

On-ice focus:

This is a competitive and elite 4 week program, designed for players who are wanting to take their game to the next level. This program will include various skills utilized in the modern game, referring to game video from both the PWHL and NHL. Players will be challenged to learn, practice and develop various skills including, but not limited to: advanced edgework, skating – speed, agility and power, shooting and scoring skills, as well as forward and defence specific work.

On-ice Schedule:

Mon July 8, 8-9am
Weds July 10, 8-9am
Mon July 15, 8-9am
Weds July 17, 8-9am
Mon July 22, 8-9am
Weds July 24, 8-9am
Mon July 29, 8-9am
Weds July 31, 8-9am

Location:

Jonathan Toews Sportsplex (Dakota Arena)
1188 Dakota St, Winnipeg MB

Cost:

\$375.00. Price includes GST.

*JK Hockey jersey, player workbooks, and individualized player evaluations are included in the cost

How to register:

Email Jenelle at jkhockeywpg@gmail.com

Please include:

- Subject line: AAA/Prep/College registration
- Followed by Athlete name, DOB, 2023/24 winter team, position, adult jersey size (S, M, L, XL)

Once registration email is sent, FULL payment is to be e-transferred to jkhockeywpg@gmail.com

Spot is not guaranteed until full payment is received

You will receive a confirmation email along with a medical info form once registration email is received.

Please note there will be no refunds past June 1st, unless injury or illness prevents a player from participating; a note from a Physician may be requested.

No discounts or credits