

SUMMER 2024

FEMALE U11/U9 SKILLS & DRILLS

Program details:

- 1x/week (Wednesdays)
- 4 ice sessions
- 1 hour ice sessions
- Maximum 24 players, 4 goalies
- Age groups: 2014-2017
- 4:1 Coach to player ratio
- Head instructor: Jenelle Kohanchuk

On-ice focus:

This is a program designed for all skill levels within the U11/U9 age group. Players will be taught various skills including edgework, skating, shooting technique, passing technique, forehand and backhand shooting/passing, positional play, puck protection, as well as fun games to bring out the competitive edge. Goalies will work on specific drills with the goalie coach, including tracking the puck, skating, movement, etc. The goal of this program is to have each athlete leaving the rink feeling happy and confident in their development. Players will be placed into small groups based on their skill level. The low coach to player ratio will allow instant feedback and direction to the athletes.

On-ice Schedule:

Wed Aug 7, 450-550pm
Wed Aug 14, 450-550mm
Wed Aug 21, 450-550pm
Wed Aug 28, 450-550pm

Location:

Jonathan Toews Sportsplex (Dakota Arena)
1188 Dakota St, Winnipeg MB

Cost:

\$120.00. Price includes GST.

How to register:

Email Jenelle at jkhockeywpg@gmail.com

Please include:

- Subject line: U11/U9 Skills and Drills
- Athlete name, DOB, 2022/23 Winter team

Once registration email is sent, FULL payment is to be e-transferred to jkhockeywpg@gmail.com

Spot is not guaranteed until full payment is received

You will receive a confirmation email along with receipt of payment.

Please note there will be no refunds past June 1st, unless injury or illness prevents a player from participating; a note from a Physician may be requested.

****No discounts or credits****