



AAA/PREP

SUMMER 2023 – JULY

This is a competitive 4 week summer program for female AAA/Prep players led by Jenelle Kohanchuk and staff. Mondays will consist of total player development skills and drills which includes edgework, puck handling, puck protection, shooting, etc. Wednesday's will be position specific forward/defence skills and drills. Small area games will be played each session to allow players to use and perfect the skills that were worked on during the session. Players will watch video of specific hockey situations from an iPad and will be able to work on that specific skill. Players will also be recorded of the skills they are working on and will get to watch themselves complete the skill.

**DATE/TIME:**

- JULY 3-26, MONDAYS AND WEDNESDAYS
  - July 3 and 5, **115-215pm**
  - July 10, 12, 17, 19, 24, 26, **945-1045am**

**LOCATION:**

- SEVEN OAKS ARENA, 725 KINGSBURY AVE, WINNIPEG MB

**TOTAL ICE SESSIONS:**

- 8 sessions total
- 1 hour ice sessions

**MAX PLAYERS:**

- 16

**COST:**

- \$350 + GST
- If you would like to purchase a JK Hockey jersey, cost is \$40.00.

To reserve a spot in this program, please e-mail Jenelle at [jkhockeywpg@gmail.com](mailto:jkhockeywpg@gmail.com). Please include players name, DOB, and 2022/23 winter team. Players accepted into the program must have played AAA/Prep for the 2022/23 season, are committed to a prep team for the 2023/24 season, or are a top 2008 player trying out for AAA.

Once your spot is confirmed, a deposit of \$250 is required via e-transfer to [jkhockeywpg@gmail.com](mailto:jkhockeywpg@gmail.com).

Remaining payment of \$117.50 is due June.1<sup>st</sup>. A reminder email will be sent May. 15<sup>th</sup>.

The option is available to pay in full during confirmation to the program. If you prefer paying in full at time of confirmation, cost is \$350 + GST for a total of \$367.50. This is to be paid via e-transfer to [jkhockeywpg@gmail.com](mailto:jkhockeywpg@gmail.com)